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Revolutionary anti-gravity treadmill arrives
Community generosity enhances rehabilitation and athletic training services

PHOTO: Jenny Gatehouse tries the new Alter-G treadmill at St. Luke’s.
PHOTO CREDIT: Paulette Phlipot

KETCHUM, ID (January 20, 2011) — St. Luke’s Wood River Foundation is proud to announce that a state-of-the-art anti-gravity treadmill, the Alter-G, is now available to the St. Luke’s-Elks Rehabilitation thanks to community generosity.

Invented by NASA scientists, the anti-gravity rehabilitation technology is used in major medical centers, military facilities and by professional sports teams, such as the NFL, across the country for training and rehabilitation. The Alter-G allows people to improve mobility and health, recover from injury and surgery more effectively, overcome medical challenges that limit movement and enhance physical performance in a “weightless” and controlled environment.

“Having access to an Alter-G anti-gravity machine will benefit patient care dramatically,” stated Kristin Biggins, manager of St. Luke’s-Elks Rehab. “The Alter-G treadmill helps patients suffering from brain injury, orthopedic injuries, neurologic diseases, such as Parkinson’s disease, and other stresses on the joints caused by arthritis or obesity. It also helps improve athletic performance.”

Professional athletes use the Alter-G to train longer, run faster, gain additional strength, and enhance cardiovascular performance while minimizing impact and stress on their joints.

The Alter-G treadmill is available for community use between 9 a.m. and 5 p.m. Monday-Friday at the St. Luke’s-Elks Rehabilitation Department, in the physician’s annex building adjacent to the hospital in Suite 104.

A community open house to feature the Alter-G will be held at the St. Luke’s-Elks Rehabilitation department 4:00-6:00 Wednesday, February 2. Community members will be welcome to test out the new machine for free during the open house.

For more information or to schedule an appointment please contact Kristin Biggins at (208) 727-8253.

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